

Prepared lunches prepared by Healthy Tots
Menu (7/1/19 onwards updated 11/3/19)

Served by Glenbervie Kindergarden

Week beginning:- 1/4/19, 29/4/19, 27/5/19, 24/6/19

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chicken pesto pasta	Leek and potato soup with wholemeal bread	Macaroni cheese with peas and sweetcorn	Chilli con carne with rice	Fish cakes and baked beans
Pudding	Yoghurt and fruit	Rice pudding	Lemon cake	Jelly with fruit	Fruit salad
Other	Vegetable sticks	Fruit	Fruit	Vegetable sticks	Cracker/oatcake with cheese or spread

Week beginning:- 11/3/19, 8/4/19, 6/5/19, 3/6/19, 1/7/19

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Vegetable soup with wholemeal bread	Tomato and tuna pasta	Mince and taties	Carrot and coriander soup with wholemeal bread	Sweet and sour chicken with rice
Pudding	Fruit salad	Rice crispie cake	Yoghurt and Fruit	Rice pudding	Jelly with fruit
Other	Small helping of skips or quavers	Fruit	Vegetable sticks	Fruit	Rice cake

Week beginning:- 18/3/19, 15/4/19, 13/5/19, 10/6/19, 8/7/19

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Tuna and white sauce pasta	Cajun chicken with rice and vegetables	Tomato soup with wholemeal bread	Tomato, basil and vegetable pasta	Bangers and mash with mixed vegetables
Pudding	Yoghurt and fruit	Jelly with fruit	Rice pudding	Yoghurt and fruit	Banana and chocolate cake
Other	Cracker/oatcake with cheese or spread	Vegetable sticks	Rice cake	Small helping of Skips or quavers	Fruit

Week beginning:- 25/3/19, 22/4/19, 20/5/19, 17/6/19, 15/7/19

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Beef ratatouille with rice	Lentil soup with wholemeal bread	White fish with tomato pasta	Creamy korma chicken curry with boiled rice	Sweet potato soup with wholemeal bread
Pudding	Yoghurt and fruit	Jelly with fruit	Yoghurt and fruit	Flapjacks	Rice pudding
Other	Rice cake	Cracker/oatcake with cheese or spread	Small helping of Skips or quavers	Fruit	Fruit